WHAT IS CLAIMED IS:

- 1. A voltage-controlled oscillator discrete-time
 2 amplitude control system comprising:
- a voltage-controlled oscillator; and
- a control circuit sensing an amplitude of an output of the voltage-controlled oscillator and adjusting operation of the voltage-controlled oscillator, if necessary, at discrete intervals.
- 1 2. The voltage-controlled oscillator discrete-time
 2 amplitude control system according to claim 1, further
 3 comprising:
- a bias circuit setting at least one of a voltage
 bias and a current bias for the voltage-controlled
 oscillator under control of the control circuit.
- The voltage-controlled oscillator discrete-time 3. 1 2 amplitude control system according to claim 2, wherein control of the voltage bias or the current bias adjusts the 3 4 amplitude of the output of the voltage-controlled 5 oscillator.

- 1 4. The voltage-controlled oscillator discrete-time 2 amplitude control system according to claim 2, wherein the 3 control circuit further comprises:
 - a comparator periodically comparing the amplitude of the output of the voltage-controlled oscillator to a reference amplitude; and
 - logic increasing or decreasing the voltage bias or the current bias based upon an output signal of the comparator responsive to comparison of the amplitude of the output of the voltage-controlled oscillator to the reference amplitude.
 - 5. The voltage-controlled oscillator discrete-time amplitude control system according to claim 1, wherein the control circuit adjusts operation of the oscillator only during a calibration phase, holding operation of the voltage-controlled oscillator constant after completion of the calibration phase.
 - 6. The voltage-controlled oscillator discrete-time amplitude control system according to claim 1, wherein the voltage-controlled oscillator produces a differential output signal.

- 7. A wireless transmitter including the voltagecontrolled oscillator discrete-time amplitude control
 system according to claim 1, the wireless transmitter
 further comprising:
- a low noise amplifier operating on a wireless signal in conjunction with the voltage-controlled oscillator; and
- a modulator operating on the wireless signal.
- 8. A wireless communications system including the wireless transmitter according to claim 7, the wireless communications system further comprising:
- a receiver receiving the wireless signal.
- 9. A wireless transceiver including the wireless transmitter according to claim 7, the wireless transceiver further comprising:
- a receiver operating on a second wireless signal forming a communications channel with the wireless signal.

- 1 10. A method of discrete-time amplitude control
 2 system for a voltage-controlled oscillator, the method
 3 comprising:
- operating a voltage-controlled oscillator; and
 sensing an amplitude of an output of the voltagecontrolled oscillator and adjusting operation of the
 voltage-controlled oscillator, if necessary, at discrete
 intervals.
- 1 11. The method according to claim 10, further comprising:
- setting at least one of a voltage bias and a current bias for the voltage-controlled oscillator under control of the control circuit.
- 1 12. The method according to claim 11, wherein control
 2 of the voltage bias or the current bias adjusts the
 3 amplitude of the output of the voltage-controlled
 4 oscillator.

- 1 13. The method according to claim 11, further 2 comprising:
- periodically comparing the amplitude of the output of the voltage-controlled oscillator to a reference amplitude; and
- increasing or decreasing the voltage bias or the
 current bias based upon an output signal of the comparator
 responsive to comparison of the amplitude of the output of
 the voltage-controlled oscillator to the reference
 amplitude.
- 1 14. The method according to claim 10, further 2 comprising:
- adjusting operation of the oscillator only during
 a calibration phase; and
- holding operation of the voltage-controlled oscillator constant after completion of the calibration phase.
- 1 15. The method according to claim 10, wherein operation of the voltage-controlled oscillator produces a differential output signal.

- 1 16. A voltage-controlled oscillator discrete-time 2 amplitude control system comprising:
- a voltage-controlled oscillator producing a
 differential output signal;
- a control circuit sensing an amplitude of the output signal and generating a control signal for controlling biasing of the voltage-controlled oscillator; and
- a biasing circuit biasing the voltage-controlled oscillator based upon the control signal,
- wherein the biasing of the voltage-controlled oscillator is adjusted, if necessary, at a predetermined point within a recurring period.
 - 1 17. The system according to claim 16, wherein 2 adjustment of the biasing of the voltage-controlled 3 oscillator sets the amplitude of the output signal.
 - 1 18. The system according to claim 16, wherein the 2 biasing circuit further comprises:
- a voltage bias circuit for setting a voltage bias

 of the voltage controlled oscillator; and
- a current bias circuit setting a current through the voltage-controlled oscillator.

- 1 19. The system according to claim 16, wherein the voltage-controlled oscillator further comprises:
- an inductive-capacitive tank circuit including a voltage-variable capacitance;
- a voltage divider coupled to output nodes of the tank circuit; and
- a coupled-emitter, cross-coupled pair of transistors coupled to the voltage divider and providing negative transconductance compensating for losses within the tank circuit.
- 20. The system according to claim 16, wherein setting of the amplitude of the output signal eliminates process and temperature dependencies of the amplitude.